



February General Meeting
featuring
Catherine Rooney, BScN
Retired Public Health Nurse
Healthy Aging
Maximize your Health and Well Being




Wednesday, Feb. 12, 2020 7:00 P.M.
Kingsview United Church 505 Adelaide Ave. E. Oshawa

CFUW Oshawa and District
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Our January speaker, Paul McGary, Director, Mental Health & Pinewood Centre, Lakeridge Chair, Cent. East LIHN Opioid Strategy Implementation Group.

FROM THE Co-PRESIDENT SHEILA S.

I think that as a group, women are pretty good at change – making change and embracing change. As we celebrate our 75th year, we are looking at some of the changes women have experienced since 1945. The booklet CFUW Oshawa and District “The First Forty Years” closes with these words:

“In the 1940s most women university graduates were either career women or homemakers. Very few were both. The newly formed club provided a meeting ground where they could find intellectual stimulation, increase their awareness of current issues and take collective action....In the 1980s many more women hold university degrees and most of them combine career with marriage and family. Yet despite the social differences that forty years have brought about, the common thread continues: university women concern themselves with public affairs, education and women’s issues, both at home and internationally.”

We can celebrate the founding members of our club. We can celebrate their involvement in our community and their willingness to be a part of the changes that marked the first forty years. In these current forty years, change has continued and it has happened faster and faster with each decade. Our challenge is to consider the next forty years and continue as change agents who value education, ideas, community action and mix it with fun! *Co-president Sheila S.*

ADVOCACY *MARY K.*

The Advocacy committee of Oshawa & District CFUW, in partnership with St. George's Memorial Anglican Church in Oshawa, will present the documentary "Doctrine of Discovery: Stolen Lands, Strong Hearts" on **Wednesday, March 25, 2020 at 7pm.**

The documentary illustrates how America's "God Given" right to conquer, pillage, subjugate and destroy indigenous populations has impacted their lives and cultures, from the past to the present day. There will be a discussion after the video. Admission by donation. A flyer will be developed for circulation and distribution.

FRIENDSHIP *MAUREEN A.*

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

EDITOR *BARBARA L.*

Only the last name initials of members are published in the newsletter.

Please refer to your roster for contact information.

Please submit all newsletter items to barblewis@rogers.com

Reminder: items for the March newsletter should be received by Thursday, February 27th.



Congratulations to Lorraine V. of CFUW Oshawa and District, who recently received the John R. Morris Award from Probus Canada on January 14, 2020. The award was presented by Marlene Pearce, President of Probus Canada. Lorraine has been active in Oshawa Probus and has been instrumental in the formation of five Probus Clubs in Durham Region.

Lorraine is pictured here with her husband Art V. at the January Probus meeting after receiving the award.

INTEREST GROUPS ELAINE L.**Book Lovers****“IT’S A MYSTERY” MARY K.**

Monday, March 30th at 7:30 pm Host: Janet N. Discussion leader: Jennifer C.

Book Selection: *The Dry* by Jane Harper

MYSTERY LOVERS BOOK CLUB 2 JANET B.

Monday, March 30th at 7 pm Host, Pat. D. Discussion leader, Marianne C.

Book selection: *Harbour Street* by Anne Cleeves

READING GROUP 1 BARB L.

Tuesday, February 18th at 1:30 pm Discussion leader: Sheila S. Host: Barb L.

Book Selection: *The Right to be Cold* by Sheila Watt-Cloutier

MORNING COFFEE AND BOOK CHAT: MELANIE K.

Wednesday, February 5th at 10 am Discussion leader: Melanie K. Host: Lindy K.

Book Selection: *Everyman Dies Alone* by Hans Fallada

DINING**LET’S DO LUNCH CATHERINE R.**

Friday, February 28 at 12:30 pm

Balti Indian Restaurant, 115 Brock St. North, Whitby
RSVP to Catherine R.



BRIDGE

BRIDGE BUDDIES: MONDAYS KAREN D.

February 3 at Joan M. - 1:30 pm start February 17 at Carol S. - 1:30 pm start

March 2 at Lynda B. - 7:15 pm start

MONDAY AFTERNOON BRIDGE HEDY G.

Monday, February 10th and 24th 1:30 p.m. at Northview Community Centre, Oshawa

Please arrange for your own substitute if you are unable to attend that day and notify Hedy.

WEDNESDAY NIGHT BRIDGE LINDA P. & MARIANNE C.

All games start at 7:00 p.m. February 5 @ Susan H. February 19 @ Marianne C.

Save the date! We will be celebrating the **75th anniversary** of our Oshawa & District Club on Saturday, April 25, 2020 at Adelaide House, Oshawa from 2--4 pm.

Tickets, \$25 each, are on sale now from Karen D. They will be available until the general meeting on March 11, after which time they will be offered to former members. Hope to see everyone there!



75 years of history: newsletters

In the early years, attendance was encouraged by telephoning members. By 1950, monthly meeting notices were sent out with printed membership rosters on the back. The woman would be listed as Mrs. D. Smith, for example. In 1963-64 given names and degrees were added to the roster and the meeting notice became a newsletter which provided information of the club's activities. In 1979-80, profiles began to appear in the newsletters of members who were making special contributions to the community and then were used to introduce new members. Unfortunately, printing and mailing newsletters was very expensive and with the arrival of the computer and the internet, newsletters today are sent by email. *Hedy G.*

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

CFUW Oshawa/Whitby General Meeting Minutes**January 8, 2020 7:00 pm****Call to order and welcome-** Donna H.**Motion:** Catherine R., Barb L.: to approve the minutes of Nov. 13, 2019. **Carried.****Treasurer's Report-** Hedy G.**Motion:** Susan H., Lina Z.: to approve the reports on the holiday dinner and the donations to Safe Hope Home. **Carried.****Motion:** Sheila S, Melanie K.: to accept the general fund report. **Carried.**

Donations to Safe Hope Home- \$465.00 Balance from Holiday Dinner- \$5.00

General account balance- \$8,384.34 Scholarship trust account balance- \$247.55

Speaker: Paul McGary, Director of Mental Health and Pinewood Centre, spoke on the opioid crisis.**Reports**

*To help celebrate our 75th anniversary we will highlight some of our club's achievements at meetings and in the newsletter.

Archives- Lina Z.

One of the prime mandates of this Club has been to provide scholarships to women seeking higher education.

In 1946 the club awarded a \$100 scholarship to a graduating female student from OCVI. By 2005, the award had risen to \$1000 and was given to three recipients. Between 1946 and 2015 scholarships were awarded to 278 young women (and one young man) graduating from high school. The total amount awarded in the 65 yrs. was \$52,880, an average of \$818 per year. In 1972, we began awarding monies to women students attending Durham College and in 2009 we added UOIT to our scholarship roster. What you may not know is that this club also provided support to students outside of Canada who wished to attend university through the Overseas Centennial Scholarship. We helped two women from India and Rhodesia and one woman from Kenya achieve their dreams of higher education. This scholarship was in effect for 10 years and had a lasting effect on the five women and their families. A Canadian student (a woman in a Science Program) at Rimouski University also benefitted from our help with a bursary of \$100 a year for 4 yrs. While this amount is not much by today's standards, it would have been a godsend at that time.

Since 1946 this Club has distributed \$114,000! We have assisted 359 women (and one man) in their quest for higher education and independence.

Ontario Council - Sheila S.

-Moirra Hudgin & Sandy Thomson, Ontario Council, plan to attend our 75th tea.

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CFUW National- Donna H.

- 20 CFUW Delegates are going to the 64th session of the “UN Commission on the Status of Women” in March 2020 in New York.
- CFUW International Relations Committee will host an online virtual meet and greet on Jan. 12, 2020, 4:00 pm, Eastern time. It will include our sister NFA’s in North America: Graduate Women USA & Federacion Mexicana de Universitarias.

CFUW National Goals for 2020: There will be a webinar for clubs regarding use of social media. Advocacy information and strategies will be shared across Canada. Reaching out to northern Canada

Program Committee- Speaker on February 12 will be Catherine R. on *Healthy Aging*.

Club Survey- Donna H.

- The most common responses for “why did you join the Club” were: meet friends, community involvement, professional enrichment and for “what do you enjoy most about the club”: speakers, socializing, interest groups.

Advocacy- Melanie K.- Planning continues on the showing of the documentary. The group will meet at the venue next week.

Social- Sandy P.- please recycle the plastic cups

75th Anniversary- Catherine R.- next meeting is Jan.16 at 2:00 at Barb L. Tickets are now available for purchase. Cost is \$25. We hope everyone will come.

5. Announcements

-Recruitment Committee meets Feb. 6, 2:00 pm. at Sheila L.

-Let’s Do Lunch-Jan. 31, 12:30, Brock Street Brewing Co. RSVP to Pat D.

-Executive meets Wed. Jan. 29, 1:30 at Elaine L. General meetings now start at 7:00 pm.

6. 50/50 draw Happy Bucks Motion to adjourn by Lina Z. at 8:35 p.m.



Happy Valentine’s Day!

Please let Sandy P. know if you have suggestions for an alternate meeting space for our club.