

Are you leaving your end of life care to chance?

Join us Wednesday, Mar. 13 2019
7:15 P.M.

Kingsview United Church
505 Adelaide Ave. E. Oshawa

Leigh Naturkach
Author, Administrator,
Feminist
Dying with Dignity board member
Director of Advancement—Women's
College Hospital Foundation

Knowledge is Power
Planning equals peace of mind

Dying With Dignity Canada
It's your life. It's your choice.

Non-members welcome

Contact JoAnne Prout at proutj5@gmail.com for more info
www.cfuwoshawaanddistrict.com

From the President's Desk	1
Ways and Means	2
Friendship	2
Editor	2
Interest Groups	3
Just for fun	4



FROM THE PRESIDENT'S DESK JONE W.

Aren't we glad to see the end of February! It's been a long time since I remember having so much precipitation of varying dangerous kinds and such cold temperatures all in one month. Hopefully March will be gentler.

I will be missing our March general meeting on "Dying with Dignity". (My thanks to Hedy G. for agreeing again to chair the meeting.) I recently heard of a terminally-ill relative of a relative who chose the timing of his death. In my ignorance, I was surprised that Ontario permitted assisted suicide (if I can use that term). I trust that **Leigh Naturkach** will provide an informative presentation about improving the quality of dying and expanding end-of-life choices. Go to www.dyingwithdignity.ca for more information about this right-to-die organization.

Moving to a related topic, the **Comfort, Care, Compassion** campaign was launched a year ago to support the construction of two new residential hospices in Durham Region – a 5-bed site in Clarington

and a 10-bed site in Whitby. This is in addition to a campaign started earlier for a hospice in Port Perry. The Whitby site has been selected and construction will start this June. Go to <https://durhamregionhospice.ca> for more information.

This is a reminder of this year's OC AGM on "Helping Women on the Margins Through Education" with former Premier **Kathleen Wynne** as keynote speaker on May 10 & 11 at the U of T Faculty Club. Registration is expected to be available on-line during the week of March 4. Tickets will go quickly for this interesting event so plan to register early.

Next Executive Meeting:

Wednesday, March 27, 2019 at 1:30 PM at Sheila S.'s (note the change of venue)

WAYS AND MEANS

Fashion Show Fundraiser

To celebrate CFUW's 100th anniversary in Canada, our club decided to create a special one-time scholarship to be given to a female student at Durham College studying a trade or a STEM program. The award will be for one thousand dollars.

The fashion show takes place on Sunday, April 14 at **Cachet** clothing company located at 49 King Street in Bowmanville. Please see the flyer attached to the newsletter.

Seating is limited. **Only 24 tickets remain.** Tickets will be on sale at our general meeting on March 13. Please call Hedy G. or email her if you wish to purchase a ticket.

Sherry Rupa, the owner of Cachet, is one of a few independent store owners in the Durham Region. After working in Toronto in fashion retail, she decided to open her own store in Bowmanville. She is an advocate for Canadian designers such as Joseph Ribkoff and Frank Lyman. She also sells beautiful costume jewellery to accessorize your outfit.

Remember to bring books to sell at the General Meetings. Donated books should be for reading pleasure and in good condition. Books are sold for \$2.

FRIENDSHIP MAUREEN A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L., and send an appropriate card on our behalf

EDITOR BARBARA L.

Only the last name initials of members are published in the newsletter.

Please refer to your roster for contact information.

Please submit all newsletter items to barblewis@rogers.com Next deadline is March 29th

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

INTEREST GROUPS ELAINE L.**Book Lovers****"IT'S A MYSTERY" MARY K.**

Monday, March 25, 7:30 pm Book Selection: *Restless* by William Boyd
 Host, Mary K. Discussion leader, Jennifer C.

MYSTERY LOVERS BOOK CLUB 2 JANET B.

Monday, March 25, 7:00 pm Book selection: *The Tin Roof Blowdown* by James Lee Burke
 Host, Janet B. Discussion leader, Pat D

READING GROUP 1 BARB L.

Tuesday, March 19 at 1:30 pm Book Selection: *A Gentleman in Moscow* by Amor Towles
 Host: Lorna P. Discussion leader: Pat B.

MORNING COFFEE AND BOOK CHAT: MELANIE K.

Wednesday, March 6 at 10 am Book Selection: *The Grand Design* by Stephen Hawking
 Host: Lindy K. Discussion leader: Maureen G.

DINING**LET'S DO LUNCH CATHERINE R.**

Friday, March 29th 12:30 at The Greek Tycoon, 1101 Brock St. South, Whitby.
 RSVP to Jone W.



BRIDGE

BRIDGE BUDDIES: MONDAY EVENINGS KAREN D.

Start time: 7:15 pm

March 4 @ Lynda B.

March 18 @ Karen D.

MONDAY AFTERNOON BRIDGE HEDY G.

The group meets March 11th and 25th at 1:30 p.m. at Northview Community Centre, Beatrice St., Oshawa, in the cafeteria. *If you cannot attend, please contact first a player that has a bye, secondly a substitute from the list and then notify Hedy.*

WEDNESDAY NIGHT BRIDGE DOROTHY W.

All games start at 7:00 p.m.

March 6 at Susan H.

March 20 at Betty S.

A Sort of Proust Questionnaire – Answers: Pat D.

1. I was born in a snowstorm in December, 1947, at Grace Hospital (run by the Salvation Army) in Windsor, Ontario--a postwar baby.
2. My 1st 10 grades were at a large, 35-acre convent school in Windsor, Ontario, and I finished up studying Classics at Victoria College at the University of Toronto, in 1970.
3. Perfect happiness: being with family--spouse, grown children, daughter-in-law, 2 grandchildren, & Harry the Lab--at home, cottage or good restaurant with food cooked by someone else for a change & not having to do the washing up.
4. I would like to have dinner with Father Damien, Winston Churchill, Anne Frank and St. Joan of Arc--and to be able to carry the conversation and not get hiccups.
5. Greatest Pleasure Buying antique blue and white English transferware china, garden plants and books & paying the bill before hubby sees it.
6. Least favourite word "No."
7. Favourite word: "Yes", "Dark chocolate", "Dessert" and "Bolly" (nickname for a type of champagne).
8. Over the years, it has always been the saying, "Happiness is a fresh cup of tea, a comfy chair and a new magazine" or "a good book".

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9. Most desired talent: To dance well and often (in my next life).
10. What would you like to do that you have never done before? Dance the lead gracefully in "Swan Lake" and to look the part, preferably.

A Sort of Proust Questionnaire –Answers: Lina Z.

1. I was born in Glasgow, Scotland in 1944 and immigrated to Yarmouth Nova Scotia in 1949 on the Aquitania. I still remember getting teased about my brogue. Must be why I became a Speech Language Pathologist.
2. I went to elementary school and High School in Yarmouth and took a BA in English and Psychology at Dalhousie University followed by a Masters of Speech Therapy and Audiology at Syracuse University.
3. Perfect happiness (outside of family) is sitting on my deck and losing myself in a book on a hot summer day while sipping a cold beer.
4. I would like to have dinner with my parents and tell them about their grandchildren and great-grandchildren.
5. Greatest pleasure: travelling to far off places and having brief encounters that stay with me forever.
6. Least favourite word: Family Values, what the heck does that mean anyway?
7. Favourite word: Diversity
8. Carpe Diem. Celebrate Our Differences and Recognise Our Similarities.
9. Most desired talent: to be able to paint a masterpiece
10. I would like to get up the courage to do a tandem sky dive.

