

**February Virtual General Meeting**  
**"Revealing ADELAIDE McLAUGHLIN**  
**of Oshawa's Parkwood Estate"**



'Discovering' Adelaide has been a passion for Samantha George, Parkwood Estate's Curator. She will present a selection of materials and stories about Colonel Sam's wife of 60 years.

**Wednesday, February 10, 2021 - 7:00 P.M.**

Zoom Link will be emailed to club members.

Guests welcome. Email your request for a Zoom Link to [cfuw.oshawa@gmail.com](mailto:cfuw.oshawa@gmail.com)

CFUW Oshawa and District  
[cfuw.oshawa@gmail.com](mailto:cfuw.oshawa@gmail.com)  
[www.cfuwoshawaanddistrict.com](http://www.cfuwoshawaanddistrict.com)



**FROM THE PRESIDENT: DONNA H.**

Greetings CFUW Oshawa and District Members. As I write this message, we are in our second COVID-19 lockdown and we are all looking for ways to cope as our social isolation continues. Family and close friends are the ones we turn to in our time of need. Belonging to CFUW and gathering at meetings or enjoying interest group activities together helps to fill that need.

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We have had to learn new ways to communicate and visit with each other either virtually or in person. I am sure this experience of the global pandemic of 2020-2021 will be the subject of/or backdrop of many new movie scripts, novels and plays. The pandemic is our history evolving, its trajectory like a jagged line trying to climb a mountain top to get to the safe valley on the other side. We will arrive, but it will take teamwork, planning, persistence and patience.

As our club continues to meet online this winter and into the spring, I want to remind members of three important items that our club will be dealing with over the next few months:

1. A Nominations Committee will be set up to fill positions on the Board of Directors to be effective following our AGM in May. This will be discussed at future meetings. Consider how you might help our club as we move forward in 2021. It is all about the “power of women working together”. We also need two general members to serve on the nominating committee with the membership chair and the past president. If you are interested in serving on this committee, contact Janet N.
2. This spring our club will have to vote on the GWI per capita dues motion. The Board of Directors will meet on Thursday, February 4<sup>th</sup> at 1pm to discuss this issue. The membership will be able to discuss this motion at our February general meeting, and we will likely vote on the issue at the March 10<sup>th</sup> general meeting. Our club’s decision must be submitted to CFUW National by March 31, 2021.
3. Our Advocacy Group met on January 20<sup>th</sup> and will be meeting again on February 1<sup>st</sup>. They have arranged for Dr. Juveria Zaheer, a research psychiatrist at CAMH Toronto, to speak to us at the March 10<sup>th</sup> meeting. The focus will be on mental health issues across the lifespan. The group will be planning activities going forward this spring. New members are welcome. Send me an email to receive updates or invites to join a meeting. *Donna H.*

### **Surf the World Wide Web this Winter**

I have included a few interesting websites that are worth a visit when you are tired of newscasts, zoom meetings and to-do lists.

[youvisit.com/tour/machupicchu](http://youvisit.com/tour/machupicchu) This website will take you on a 360-degree tour of this ancient Peruvian city.

[Natureconservancy.ca](http://Natureconservancy.ca) Google Trekker is used to take you on a 360-degree virtual hike through all the properties across Canada. Pick your hike and enjoy.

Google Search “Canada Calling” and enjoy the 30 min. podcast for each province. Below the podcast, click on “learn more” about each province to enjoy pictures and videos.

Have fun and enjoy these sites. They are free to explore.

### **Ontario Council Speakers’ Series**

The next Speakers’ Series will be held on February 27<sup>th</sup> from 10am.-12:30pm. via videoconference. The topic will be “Mental Health from Prevention to Wellness”. The last day to register is February 26<sup>th</sup>. If you are not receiving the OC newsletters but would like a copy, email Donna H.

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**FRIENDSHIP MAUREEN A.**

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

**EDITOR BARBARA L.**

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Please submit all newsletter items to [barblewis@rogers.com](mailto:barblewis@rogers.com)

**Reminder: items for the March newsletter should be received by Friday, February 26<sup>th</sup>**

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**Scholarship Report**

The Canadian Federation of University Women Oshawa and District Bursary at the Ontario Tech University was awarded to second-year full-time student Neha Aslam. Our recipient is enrolled in Commerce, Faculty of Business and Information Technology. She received \$3,200 and she expressed her gratitude in this message:

“I am very thankful to you for this award. I couldn’t believe it at first when I found out that I had received this bursary. I suddenly felt as if a large weight lifted off my shoulders because I can now study at complete ease without having to worry about my tuition and other fees.

As I am very thankful to you, I will work hard to earn my degree and play my part in the community. After receiving this donor support, I wish to also be in a position in the future where I can support a donor award for someone else. Once again, I am grateful for your generosity.

Thank you very much!” Neha Aslam

**Canadian Federation of University Women Oshawa and District Endowment Fund at Ontario Tech University Report for November 2020**

Our closing book value on March 31, 2020 stands at \$122,608.95.

Submitted by Hedy G., scholarship chair

Happy  
Valentine's  
Day

**INTEREST GROUPS ELAINE L.**

- Interested in a walking group when lockdown is over? Contact Elaine L.

**Book Lovers****“IT’S A MYSTERY” MARY K.**

Please contact the convenor.

**MYSTERY LOVERS BOOK CLUB 2 JANET B.**

Monday, February 22 at 7 pm Host: Zoom

Book Selection: *The Case of the Missing Servant* by Tarquin Hall (2009)

**READING GROUP 1 BARB L.**

Tuesday, February 16 at 1:30 pm Host: Zoom Discussion leader: Sandy P.

Book selection: *Manhattan Beach* by Jennifer Egan

**MORNING COFFEE AND BOOK CHAT: MELANIE K.**

Tuesday, February 2 at 10 am Discussion leader: Lindy K.

Book Selection: Poetry choices from the group

**BRIDGE**

[www.trickstercards.com](http://www.trickstercards.com)

**From our archivist, Lina Z.**

Please send any pictures for the archives in PDF form and add the appropriate text on the picture; first name and initial for members, names of guests, and the occasion if it is not evident in the picture.

## CFUW Oshawa & District General Meeting Minutes

Wednesday January 13<sup>th</sup>, 2021 Videoconference

Host: Donna H, Co-hosts: Barb L, Melanie K, Joan W, Recording Secretary:  
Sandra P

1. Donna H welcomed everyone and acknowledged the attendance of fellow CFUW members from various CFUW clubs in Ontario and other provinces. There were 31 participants.
2. Catherine R introduced the speaker, Greg Bradshaw, Yoga Master. He discussed and demonstrated a variety of techniques. This was followed by a question period.

Lynda B thanked the guest speaker.

### Five –minute Break

#### Business Meeting

#### 3. Treasurer's Report: Hedy G

Financial Statement as at January 13<sup>th</sup>, 2021:

-Balance as of September 9, 2020..... \$4,008.12  
-General Account balance..... \$7,672.54

**Motion:** Hedy G, Jone W, to adopt this report; carried.

#### 4. CFUW National:

A) Report on the National Communication Session of November 24<sup>th</sup>, 2020: Jone W

Eighty-eight members from 70 clubs attended this meeting in November. The purpose of the meeting was to discuss concerns regarding communication issues. Key findings from the polls and breakout sessions were:

- Panel discussions should continue to be used
- Using technology like Zoom should continue in the future
- Transparency about decisions is needed
- Provide facts without bias on issues

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-Discussion with members from clubs across Canada is beneficial

B. There was a discussion led by Donna H regarding important points expressed by Kathryn Wilkinson, the CFUW National President, in her January 2021 message concerning GWI dues in 2021. Members are encouraged to sign up for the “Dialogue Sessions to discuss the GWI Capital Dues motion”. Two sessions are being offered on Jan. 28<sup>th</sup> and Jan. 30<sup>th</sup>, each at 7pm.

The executive meeting will be changed from Jan. 27<sup>th</sup> to Thurs. Feb. 4<sup>th</sup> at 1pm so that the GWI Capital Dues motion can be discussed after the workshops take place.

5. **Membership**-Janet N reported that we have 41 members.

6. **Interest Groups**-Elaine L

\*Book and bridge groups are meeting on Zoom

\*possible formation of walking groups will be mentioned in the February newsletter.

7. **Program**: Catherine R

Samantha George, curator at Parkwood Estate, Oshawa, will be the speaker at the February meeting.

8. **Scholarship**: Hedy G

Our Ontario Tech Bursary recipient is Neha Aslem, a second-year student in Commerce, Faculty of Business and Information Technology at Ontario Tech. She was awarded \$3,200.00 from our Ontario Tech endowment fund.

The CFUW Oshawa and District Ontario Tech Endowment Fund, closing book value as of March 31, 2020 was: \$122,608.95.

9. **Publicity**: Jone W

Putting our CFUW Newsletter on Facebook resulted in some members across the country joining our January Zoom meeting.

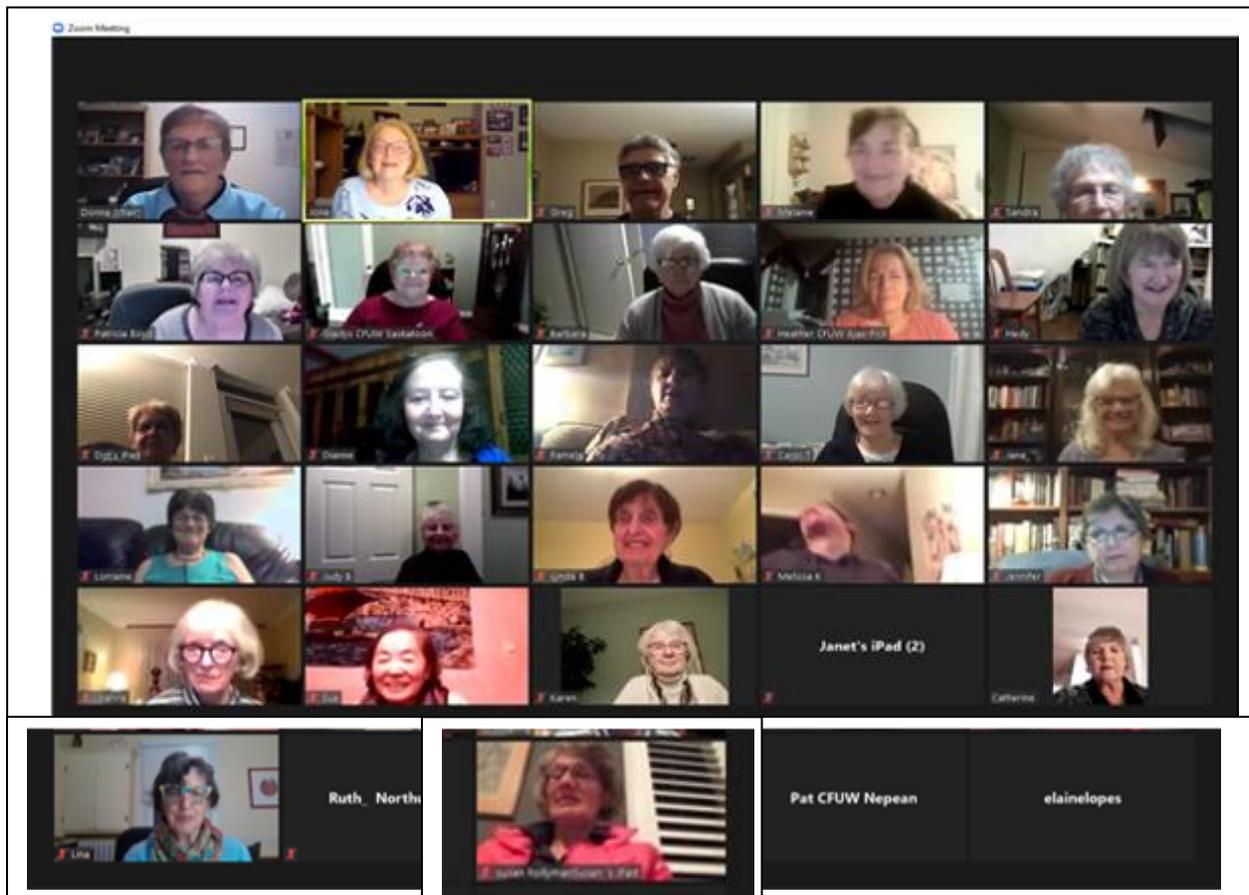
11. **Advocacy Committee** is meeting January 20<sup>th</sup> at 12:30pm to decide the speaker for the spring meeting and to discuss other issues.

12. **Announcements**

- Board meeting is changed from January 27<sup>th</sup> to February 4<sup>th</sup> at 1:00 p.m.

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- Deadline for the February newsletter is January 29<sup>th</sup>
  - Succession Planning Workshop, Jan. 21<sup>st</sup> at 7pm, See 01/07/21 Club Action Newsletter
  - Dialogue Session Per Capita Dues: Jan. 28<sup>th</sup> & 30<sup>th</sup> 7pm
  - General Meeting Wed. Feb.10<sup>th</sup> 7pm Zoom
  - Ontario Council Speakers' Series. Sat. Feb.27<sup>th</sup>, 10am-12:30pm, on mental health
- Motion to adjourn Catherine R. at 9:23 p.m.



Screenshot of our January 13<sup>th</sup> meeting, with guest speaker, Greg Bradshaw

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