



February General Meeting

featuring

Catherine Rooney, BScN

Retired Public Health Nurse

Healthy Aging

Maximize your Health and Well Being

WISE
Healthy Aging



Wednesday, Feb. 13 2019 7:15 P.M.

Kingsview United Church 505 Adelaide Ave. E. Oshawa

Contact JoAnne Prout at proutj5@gmail.com for more info
www.cfuwoshaanddistrict.com



From the President's Desk	1
Ways and Means	2
Friendship	3
Editor	3
Interest Groups	3-
January Minutes	4

January speaker, author Terry Fallis, with JoAnne P. and Sheila L.



FROM THE PRESIDENT'S DESK JONE W.



Myanmar women selling and buying produce with their children.

World travel gives us an opportunity to see how others, especially women, live in other lands. I have just returned from a two-week tour along the Irrawaddy River of Myanmar from Mandalay (in the centre of the country) to Yangon on the coast of the Andaman Sea. Democracy was re-established just 8 years ago after a long military dictatorship. Living standards vary considerably with most rural villages generally operating without electricity and sanitation. City living ranges economically from crowded downtown apartment buildings to

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

suburban single-dwelling homes. Here, women care for their children while working in the fields, shops and home industries. The good news is that education has been generally available and there is a high level of literacy. I even snapped a photo of a billboard for ‘Myanmar Women’s Day’. While women live better lives in more developed countries, we cannot stop advocating for gender equity and women’s rights at home. We still have issues of pay equity, housing and homelessness, child care, gender violence and basic income – all advocacy priorities for CFUW. CFUW has launched **“Grandparents for Childcare”** in honour of our 100th Anniversary. This is a joint initiative with **Child Care Now**, advocating for publicly-funded child care that is accessible, affordable and inclusive. You can support the campaign by going to the website: <https://www.gpfcc.ca> to submit a testimony about your experience with child care issues.

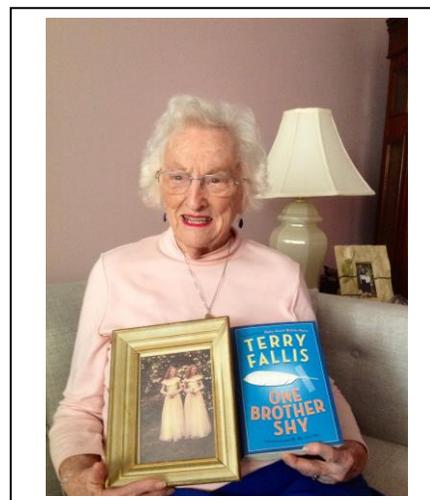
Turning to our next general meeting, I am looking forward to hearing Catherine’s presentation on staying healthy as we age – our quality of life depends on it. Hope to see many of you there.

OF INTEREST

Our January speaker was Terry Fallis, a two-time winner of the Stephen Leacock Medal for humour. He centred his talk on his most recent book *One Brother Shy*, about a man who finds out he has a twin brother shortly after the death of his mother.

Terry is an identical twin himself and he used photos to highlight the similarities between his brother and him. They have identical poses when sitting and often find themselves wearing similar clothing at family gatherings.

In the audience was one of our longest-serving club members, Betty S., 94 years old. She is an identical twin and brought a photo to show our guest speaker. Both Betty and her sister became elementary school teachers. She is enjoying reading *One Brother Shy*. Submitted by Hedy G.



ARCHIVIST LINA Z.

The archivist at the Oshawa Museum will be coming to examine our archives on February 15th and will probably take a selection.

WAYS AND MEANS

Fashion show fundraiser: this year we are raising funds for a **one time** CFUW 100th anniversary award that we would like to present to a female Durham College student in a STEM, trades or renewable technology program. A strong criterion will be financial need.

- **Sunday, April 14, 2019 at *Cachet*, 49 King St. West, Bowmanville**
- A light lunch will be served at noon.
- Fashion show begins at 1 pm, with in store shopping to follow.
- Tickets, \$30 each, will be available at the February and March general meetings. Only 60 tickets will be sold, due to space constraints. Feel free to bring a family member or friend to this worthwhile fundraiser.
- Call Hedy at 905-623-9516 for more information.

FRIENDSHIP MAUREEN A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L., and send an appropriate card on our behalf. Congratulations to Marianne C. on her marriage. Get well wishes to Susan H. after her surgery. Norma H., a former member, has died.

EDITOR BARBARA L.

Only the last name initials of members are published in the newsletter. Please refer to your roster for contact information. Please submit all newsletter items to barblewis@rogers.com

Reminder: items for the March newsletter should be received by Tuesday, February 26th.

INTEREST GROUPS ELAINE L.**Book Lovers****"IT'S A MYSTERY" MARY K.**

Monday, March 25 Host, Mary K. Discussion leader, Jennifer C.
Book Selection: *Restless* by William Boyd

MYSTERY LOVERS BOOK CLUB 2 JANET B.

Monday, March 25 Host, Janet B. Discussion leader, Pat D.
Book selection: *The Tin Roof Blowdown* by James Lee Burke

READING GROUP 1 BARB L.

Tuesday, February 19 at 1:30 pm Host, Sheila L. Discussion leader, Sharron B.
Book selection: *Born a Crime* by Trevor Noah

MORNING COFFEE AND BOOK CHAT: MELANIE K.

Wednesday, February 6 at 10 am Host: Maureen G. Discussion leader: Marilyn F.
Book Selection: *The English Patient* by Michael Ondaatje

DINING, etc.**OUT AND ABOUT JANET B.**

No report.

LET'S DO LUNCH CATHERINE R.

Friday, February 22 at 12:30 pm.
 Chef Tommy's, 1320 Simcoe St. North, Oshawa.
 Please contact Lina Z. if you plan to attend.

**BRIDGE****BRIDGE BUDDIES: MONDAY EVENINGS KAREN D.**

Start time: 7:15 pm
 February 4th at Judy B., February 18 at Carol T., March 04 at Lynda B.

MONDAY AFTERNOON BRIDGE HEDY G.

The group meets February 11th and 25th at 1:30 p.m. at Northview Community Centre, Beatrice St., Oshawa, in the cafeteria. *If you cannot attend, please contact first a player that has a bye, secondly a substitute from the list and then notify Hedy.*

WEDNESDAY NIGHT BRIDGE DOROTHY W.

All games start at 7:00 p.m.



CFUW Oshawa and District General Meeting Minutes January 9, 2019

7:15 –**Speaker: Terry Fallis**, Author – *Tracing the Roots of an Identical Twin and a Novel*
 Attendance: 45. Speaker was introduced by Sheila L. and thanked by JoAnne P.

Break

Call to Order- 8:30 p.m. by Hedy G. (filling in for President Jone W.)

- Minutes** of the November 14, 2018 general meeting were published in the December newsletter. **Motion:** Joanne P., Betty S. to accept the minutes as circulated. **Carried.**

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

2. **Treasurer's Report:** Balance as at January. 9, 2019 - \$7510.94. **Motion:** Hedy G., Linda P. to accept report as read. **Carried.**
3. **Ontario Council:** Next Speaker Seminar is March 2 in Toronto on *Women Helping Women*. The speaker will be from *Equal Voice*, dedicated to electing more women at all levels of government. Registration deadline: February 20. Contact Jone if interested.
4. **National News:** No new resolutions were submitted by clubs. Therefore, National suggests that clubs study the resolutions that have been adopted as policy. They are also asking clubs to discuss issues related to the next election and choose 5 topics by March 31 and 5 more by April 15. Backgrounds will be provided for each topic.

5. Committee Reports

Advocacy: Janet N. the group will discuss election issues as suggested by National.

Interest Groups: Elaine L.

Let's Do Lunch: Catherine R. is now the coordinator and will send out the monthly email to the 24 people in the group. Next lunch is January 25 at 12:30 at Nice Bistro, Whitby. RSVP to Linda P.

Lunch planners for the rest of the year: February, Lina Z. March, Jone W. April, Pat D. May, Donna H. June, Catherine R.

- **Christmas Dinner** –27 people enjoyed the event at Harmony Creek Golf Club. The food was good and again we were entertained by the O'Neill choir. Elaine has received positive comments. She thanked Lina for her lovely grace, suggesting we use it again, and thanked her committee.
- **Out and About-** If anyone has an idea of a fun/interesting event/activity for this new group, please email Janet B. with the details and she will notify the rest of the group.
- **Scholarship-** Donna H.

Donna emailed to everyone the annual endowment report from UOIT. The balance in our endowment is **\$152,063.06**. The balance for Durham College is **\$55,538**. It was approved by the club's executive that the profit from the spring fashion show will be used to create a one time, additional \$1000 scholarship to celebrate the 100th anniversary of CFUW.

Personal Contact information of CFUW Oshawa and District Members is considered confidential and not to be used for personal or business solicitation purposes.

- **Program** – Sheila L.: next meeting’s speaker is Catherine R. on “Healthy Aging”.
- **Ways & Means**- Hedy G.: Fashion Show tickets for April 14 will go on sale in February. The committee will meet again on January 24.

6. New Business

50/50 Draw – Sue S. Happy Bucks
Greeter for next meeting- Sheila L.

Next Meeting – February 13. Wear red for Valentine’s Day.
Motion to adjourn: 8:55 p.m. by Janet B.

Draft minutes submitted by Secretary, Catherine R.



CFUW Presents
Latest fashions from
Top Canadian Designers

Proceeds to
CFUW 100th
Anniversary Scholarship

Sunday
April 14, 2019

Spring
Fashion Show

Light lunch—noon
Fashion Show—1 P.M.
Shopping after show

Tickets \$30.00
Hedy—905-623-9516
Cachet—905-697-1963

Venue
Cachet of Bowmanville
49 King St. W.

www.cfuwoshawaanddistrict.com