


cfuw fcfdu THE POWER OF WOMEN WORKING TOGETHER
LA PUISSANCE AU FÉMININ; ENSEMBLE POUR RÉUSSIR.


April Virtual General Meeting
"Nature In Durham Region"



Lois Gillette, President of Durham Region Field Naturalists will discuss natural spaces to explore, environmental challenges, and ways to enjoy and support nature. She'll include local species data and nature photos.

Wednesday, April 14, 2021 - 7:00 P.M.
Zoom Link will be emailed to club members.
Guests welcome. Email your request for a Zoom Link to cfuw.oshawa@gmail.com

CFUW Oshawa and District
cfuw.oshawa@gmail.com
www.cfuwoshawaanddistrict.com



FROM THE VICE PRESIDENT: LORRAINE V.

Spring is in the air! The vaccine is here! As of Monday, March 15, beginning with 80 plus, designated age groups will be able to make an appointment for the vaccine by phone- 1-888-999-6488 or electronically.

<https://www.ontario.ca/bookvaccine>

Watch for your age group during the next months.

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There are 3 important issues for CFUW this month.

1. Voting for or against 3 Resolutions by CFUW Districts. (Resolutions 1 and 4 were passed at our March meeting.)
2. The three to be presented in April are as follows:

Resolution 2- CFUW Cape Breton “Right to Repair” for Large Household Appliances- presented by Janet N.

Resolution 3- AFDU Montreal Lakeshore “Canada’s Opioid Crisis” presented by Jone W.

Ontario Council Resolution #1, CFUW St. Catharines “Human trafficking awareness, prevention and detection”. Donna H.

Information link - <https://cfuwontcouncil.org/advocacy/ontario-council-policy/>

Please read the Resolutions before the April Meeting. We will vote yes or no or there could be amendments to these Resolutions.

3. Ontario Council has prepared a motion for CFUW National about advocating for major changes to our “**Long Term Care System in Ontario**”.

For information go to

<https://cfuwstratford.ca/a-call-for-change-in-seniors-care/>

Lorraine V.

Results of the GWI per capita dues vote

Recently, we completed a two-week survey vote on the Survey Monkey Website regarding the GWI per capita dues vote.

All clubs that are members of CFUW National were requested by the CFUW National Executive to survey the members of their respective clubs. The survey was regarding each club’s decision to OPT IN and pay GWI dues or OPT OUT and discontinue paying GWI dues.

Our club members were active voters as 92.6 % of our club voted during the survey.

Voting **Yes** indicates you wish our club to cancel support for GWI 68.4 % (26)

Voting **No** indicates you wish our club to continue support for GWI 18.4% (7)

Abstaining 13.2% (5)

With a result of YES = 68.4% CFUW Oshawa & District will be opting out of GWI per capita dues.

Thanks to the members who helped with researching and presenting information and organizing the survey question. Our club results have been submitted to CFUW National.

Donna H.

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FRIENDSHIP MAUREEN A.

Significant news about a member (serious illness or injury or death of member, or death of her spouse or child) should be reported to Maureen A. who will advise all members through an email from Barb L. and send an appropriate card on our behalf.

Joan M. celebrated a very “special” birthday March 5!

Olga Salmers, a former member, passed away last week at the age of 98.

Lina Z and her family are extremely grateful for all the support CFUW members have given them during this difficult time (death of her husband, David). Every email, card, and telephone call has been appreciated.

EDITOR BARBARA L.

Only the last name initials of members are published in the newsletter.

You may refer to your roster for contact information.

Please submit all newsletter items to barblewis@rogers.com

Reminder: items for the May newsletter should be received by Wednesday, April 28th

Ontario Council - Mental Health – From Prevention to Wellness

Our February 27th Ontario Council Speakers’ Series featured three compelling speakers: Jennifer Pereira-Ashawasegai, an Anishinabek citizen from Henvey Inlet First Nation in Ontario, Kendra Fisher, a women’s ice hockey goaltender, and Lori Spadorcia, Chief Strategy Officer at CAMH. The topic was mental health, moving from prevention to wellness.

Jennifer is an Indigenous Community Liaison for a corporation and received a diagnosis of bi-polar disorder more than 20 years ago. Since that time, she has shared her story and promoted the benefits of integrating traditional health practices in her culture with western methods of mental health treatment for maximum benefit.

Kendra grew up in Kincardine, Ontario. In 1999, when faced with the opportunity to realize her dream of goal-tending for the Canadian national women’s ice hockey team, she was diagnosed with severe mental illness, forcing her to leave the National Program in order to seek help. Kendra now shares her personal journey in efforts to bring Mental Health issues to the forefront.

Lori is a passionate advocate and is changing the conversation about mental health, improving awareness and understanding of mental illness and working with governments and communities to improve health systems and policy. “Mental health is still health”, she said and wonders why it is still stigmatized and struggling to get full funding.

Hedy G. & Jone W.

INTEREST GROUPS *ELAINE L.**Book Lovers***"IT'S A MYSTERY"** *MARY K.*

Monday, May 24th 1:30 pm Zoom meeting

Book selection: *Agatha Christie-The Killings at Kingfisher Hill* by Sophie Hannah

MYSTERY LOVERS BOOK CLUB 2 *JANET B.*

Monday, April 26th 7:00 pm Zoom meeting

Book selection: *Where the Crawdads Sing* by Delia Owens

READING GROUP 1 *BARB L.*

Tuesday, April 20th 1:30 pm Zoom meeting Discussion leader: Jone W.

Book Selection: *American Dirt* by Jeanine Cummins

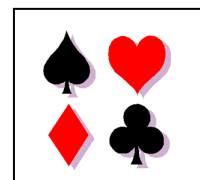
MORNING COFFEE AND BOOK CHAT: *MELANIE K.*

Wednesday, April 7th 10 am Discussion leader: Maureen G.

Book Selection: *Above All Things* by Tanis Rideout

BRIDGE

Trickster online bridge

**GOLF**

Starting next month

CFUW Oshawa & District General Meeting, March 10, 2021 7 pm on Zoom

Host & Chair: Donna H - Co-hosts: Jone W, Barb L, Melanie K

Recording Secretary: Sandra P Attendance - 31

1. Welcome members and guests, Donna H
2. Screenshot: participants were asked to use only their first names on their screens and to mute themselves and turn off their video during the speaker's presentation.
3. Jennifer C introduced our speaker, Dr. Juveria Zaheer, CAMH Toronto
4. Hedy G thanked our speaker.

FIVE MINUTE BREAK

5. Business Meeting: Call to Order: Donna H
6. Approval of the Minutes of the Wed. Feb. 10, 2021 General Meeting as posted in the March newsletter. **Motion:** Sandra P, Barb L Discussion/Vote: Carried
7. Treasurer's Report: Hedy G

Financial Statement Balance as at February 10, 2021: **\$7,589.62**

Disbursements: Program: \$75.00, CFUW National Membership Dues: \$3,116.00

General Account bank balance: **\$4,398.62** **Scholarship Trust Fund: \$82.55**

Motion to adopt the report, Hedy G, Elaine L Discussion/vote: Carried

8. CFUW News: Donna H

A. Ontario Council Speakers' Series, Sat. Feb.27, 10 a.m.-12:30 p.m. Hedy G & Jone W

The topic was Mental Health. The two keynote speakers spoke of their mental health experiences which forced them to change their lives. The third person was a passionate advocate who is working with governments and communities to improve health care systems.

B. Members were reminded of the significance of International Women's Day: March 8, 2021

C. GWI per capita dues vote: CFUW National has adopted a motion to permit clubs to decide if they want to be included in the GWI per capita dues calculation starting with the 2021-22 year. Our members will be asked to vote on the GWI OPT IN or OPT OUT question and the results will be sent to CFUW National by March 31, 2021

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9. Committee Reports:

- A) Nominations Committee: Janet N and Sheila S, Suggestions from the membership are welcome. The committee will be calling members.
- C) Publicity: Jone W - posts have put on Facebook's community section
- D) Advocacy: Meeting Monday, April 5 at 2 p.m. Books to be collected this spring for the New Friends Bookshop in Ajax.

10. New BusinessA. CFUW National Resolutions

Resolution 1 CFUW(Nepean): Single Use Plastics and Plastic Packaging: Presented by Catherine R **Motion** to accept, Catherine R, Hedy G. Discussion / Vote: Carried

Resolution 4 CFUW International Relations Committee –Post-Pandemic Recovery for Women in Canada. Presented by Lorraine V **Motion** to accept, Lorraine V, Sheila S. Carried

B. **Resolutions for the April meeting:**

Resolution 2, - CFUW Cape Breton “Right to Repair” for Large Household Appliances: Janet N

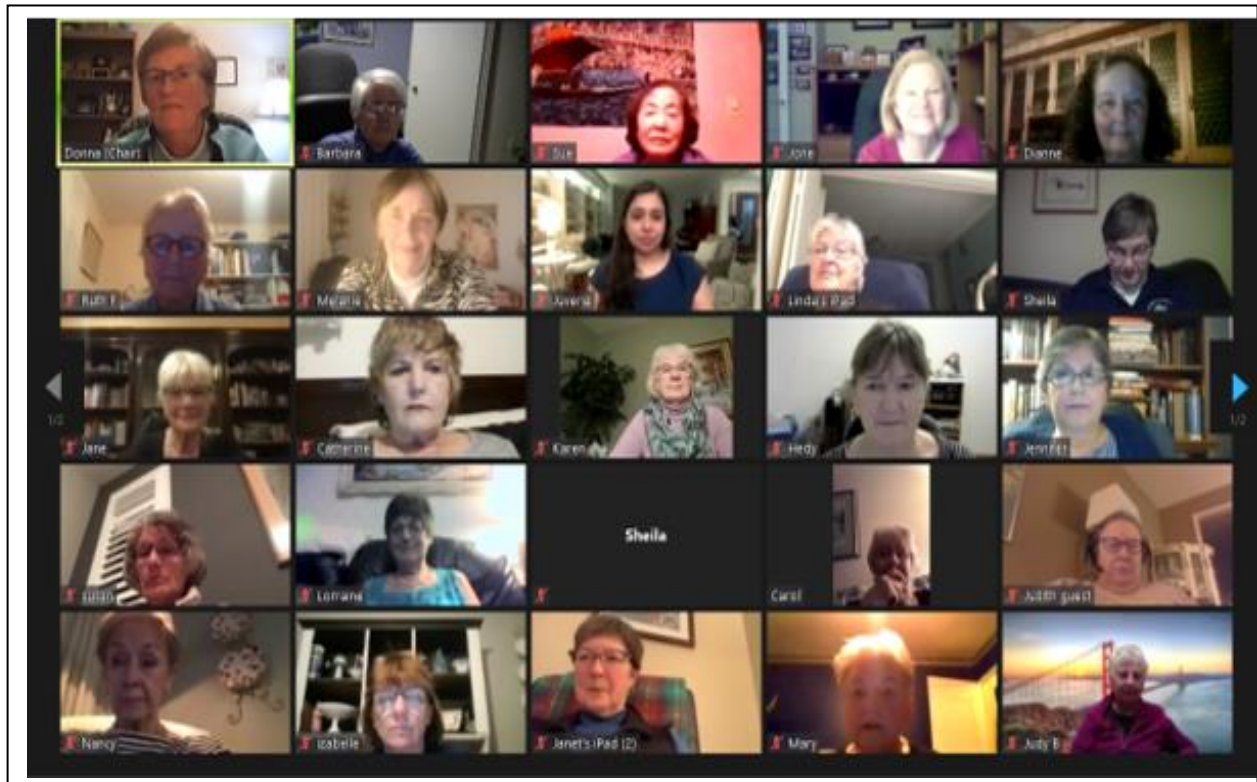
Resolution 3 - CFUW /AFDU Montreal Lakeshore: Canada's Opioid Crisis: Jone W

11. Announcements:

- a) Items for April newsletter are due Monday, March 29.
- b) Board of Directors & Subcommittee Chairs meeting, Wed., March 31, 1 p.m. Zoom
- c) General Meeting Wednesday, April 14, 7p.m. Zoom.
- d) Board of Directors and Subcommittee Chairs meeting, April 28, 1p.m.
- e) CFUW Oshawa and District AGM. May 12, 7 pm 2021. Zoom
- f) Ontario Council AGM, May 14 - 15, 2021 Virtual Event
- g) Joint Executive Meeting, Wed. May 26, 1 pm. Zoom
- h) CFUW National AGM, June 25 - 26. Virtual Event

Motion to Adjourn: Hedy G Time: 9:10 pm. Happy Bucks!!

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Our March 10th general meeting featured guest speaker Dr. Juveria Zaheer, a psychiatrist from CAMH (2nd row centre). Her topic was *Women's Mental Health Through the Lifespan*. Thirty-one members and guests attended.

Mental Health support in our community:

Distress Centre Durham 1-800-452-0688
 Durham Mental Health Services 1-800-742-1890
 Ontario Shores Crisis Line 1-800-263-2679
 ConnexOntario 1-866-531-2600
 Kids' Help Phone 1-800-668-6868

Mobile Crisis Team
 offer crisis visits in the community M-F 10-8
 1-800-742-1890

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- draft and notice of motion were sent by email to the General Membership 4/30/2020
JoAnne P. Seconded, Lorraine V. All in favour. Carried.

9. Appointment of Interim Chair: Janet N.

Constitution: Article V: Board of Directors & Article VII: 1-6 - read by Catherine R

10. Nominating Committee Report: Joan W.

a) list of nominees read out as listed in report

-Lina Z. has agreed to continue as Archives Convenor with Jone W. being the Club photographer
- As no one has volunteered to stand as Treasurer, Hedy G. has agreed to extend her term beyond the 4 yrs. As stated in the Constitution this must be approved by the membership.

Motion to approve to extend Hedy G.'s term as Treasurer by one year.

Moved by Jone W. Seconded by Janet N. All in favour. Carried.

b) Interim Chair- Janet N.

- called for further nominations from the floor 3 times no further nominations

c) **Motion:** to accept the Nominating Committee's Report and the slate of officers as presented

Moved by Jone W. Seconded by Janet N. All in favour. Carried.

New Business

New President Donna H. took over as Chair

1. **CFUW National:**

a) A mediator was retained by CFUW National and a working group formed to discuss our future relationship with GWI. A report will be presented in early June.

b) **The Articles and Bylaws of CFUW National** have been updated, as of October 2019, to reflect changes required to bring them into alignment with the Canada Not-for-profit Corporations Act (NFPAct). A lawyer, Karen Cooper, was retained to review the documents and provide input.

See <https://cfuwadmin.org/governance/articles-and-bylaws/>. Any suggestions for Amendments are due **May 19, 2020** changes include the following:

Changes include: - no references to "graduate women" as a membership requirement

- change re: weighted voting- currently larger clubs have more votes. New legislation for non-profits states one club, one vote. Organizations can apply for an exemption to this rule.

- new legislation states that the national organization determines any fee increases needed to be fiscally responsible. Currently our national board must submit a motion for an increase that requires approval of 2/3 of the delegates at an AGM.

2. CFUW Ajax /Pickering has made us aware of the financial difficulties that Scientists in Schools are facing due to COVID-19. This is a project started by that club but now is an independent charity. They have established a GoFundMe campaign, "Stand Up for Future Scientists", with a goal of raising \$100,000 to offset the loss and to help them recover. Club members are welcome to donate but are also encouraged to share the information on social media. <https://charity.gofundme.com/o/en/campaign/covid-19-stand-up-for-future-scientists>

3. **Other Business:**

There are several motions that will need to be voted on at the National AGM. Our delegates or proxies need to know how our Club wants to vote.

The Guelph Motion is of particular interest because it relates to GWI, specifically its financial management. The motion will require a 2/3 majority of delegates to pass. Guelph feels that they already have approval of 51% of delegates. The feeling is that clubs are leaning towards leaving GWI. A change in weighted voting due to the new non-profit legislation could change the

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outcome. It would take at least three years to withdraw from GWI as this can only occur at a Triennial meeting of the General Assembly. The report of the GWI working group will be sent out in the June Newsletter if we have it in time.

Motion: Donna H. moved to hold a special **General Meeting on Zoom**, to discuss the GWI Working Group results and motions to be voted on at the AGM. Seconded by JoAnne P.

As per revised Constitution this motion must be approved by at least 10 members. Carried. Meeting tentatively booked for Wed. June 10 at 1:00 pm.

4. Future Dates:-Joint Executive Meeting: Wednesday May 27th 1-4 pm, on Zoom.

-Submissions for June Newsletter due May 29th. *Members are invited to submit a short story on how they have dealt with Covid-19. With your permission, we will archive these as part of our club's historical record.

-Ontario Council AGM: Sat. May 30th, 8:30 am.-10:30 am. online.

-CFUW National AGM: Fri. June 19, 12-3pm, Sat. June 20,12-4pm, Zoom let Donna know if you plan to attend so voting can be discussed

5. Happy Bucks and Show and Tell –members shared good news, projects, etc

6. **Motion to Adjourn:** JoAnne P. at 3:14 p.m.

CFUW OUTDOOR BOOK COLLECTION & EXCHANGE

- Thursday April 15, 2021 from 2PM to 3PM (Rain date of Friday April 16)
- Parking Lot at Kedron United Church, 1995 Ritson Road North (enter off Conlin Road East)
- We are collecting and exchanging adult and children's books, jigsaw puzzles, movies and music CDs.
- Donations of \$2 per item gratefully accepted for a selected CFUW charity.
- Remaining books will be donated to THE NEW FRIENDS BOOKSHOP in Ajax in support of two shelters.
- Covid pandemic safety rules will apply. No washroom access.
- Members may invite a friend to participate.
- An area will be available for a brief social interaction. (Bring a folding chair.)



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