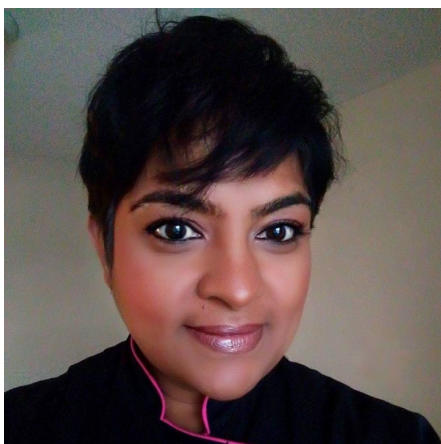




October Virtual General Meeting

"Cooking with Herbs and Spices"

Ki combines her love of cooking with her passion for helping people



**Ki of Ki's Kitchen
& Feed your JOY**



Ki is a caterer, foodie, and blogger specializing in vegan dishes that support health. She is called the **QUEEN OF SPICE** for her food that is **FULL OF FLAVOUR** because she doesn't skimp on the spice.

Wednesday, October 14, 2020 - 7:00 P.M.

Zoom Link will be emailed to club members.

Guests welcome. Email your request for a Zoom Link to
cfuw.oshawa@gmail.com